



*A Home For Jewish Herts*

**Kol Nidre**

**Appeal**

**5779/2018**

To make a donation please pay into bank account number 00017157, sort code 40-52-40 or send a cheque payable to SAMS, 9 The Dencora Centre, Campfield Road, St Albans, AL1 5HN.

In both instances, please send a covering note or email [info@e-sams.org](mailto:info@e-sams.org) stating how you would like your donation directed.

## Save a Child's Heart



Save a Child's Heart (SACH) is an Israeli-based international non-profit organization. In June SACH became the first Israeli NGO to win the prestigious United Nations Population Award with special consultative status granted by the United Nations Department of Economic and Social Affairs (ECOSOC) for its work providing free heart surgeries to children in need all over the world.

SACH was founded in 1995 at the Wolfson Medical Center in Holon, Israel, with the mission of improving the quality of paediatric cardiac care for children in developing countries and creating centres of competence in these countries.

SACH's goal is to improve the health and welfare of all children, regardless of the child's nationality, religion, colour, gender or financial situation.

Save a Child's Heart holds preoperative and follow up cardiology clinics in Israel and abroad on a weekly basis, offers a comprehensive training program within Israel for doctors and nurses from developing countries and leads surgical and teaching missions to partner countries.

To date, Save a Child's Heart has saved the lives of more than 4,740 children from 56 countries in Africa, South America, Europe, Asia, and throughout the Middle East and has trained more than 150 medical team members from these countries.

## St Albans & District Food Bank



The St Albans and District Foodbank was established in May 2014 as a member of the Trussell Trust's nationwide network of Foodbanks. It is supported by a wide variety of churches, community groups and individuals. Its mission is to combat poverty and hunger across the UK.

The Foodbanks provide emergency food for people in crisis, helping working people as well as those on benefits, from a wide range of backgrounds. When people visit the Foodbank they are given three days' worth of food, providing them with three meals a day plus some essential non-food items such as cleaning products and toiletries.

When people go to the Foodbank for help, staff try to get to the root cause of the crisis and direct them to where they can obtain help to resolve the problems they are facing. The organisation states "We don't think anyone in our community should have to face going hungry. That's why we provide three days' nutritionally balanced emergency food and support to local people who are referred to us in crisis."

There are four foodbanks a week across the district at different times/days/locations; the Foodbank would like to open a fifth foodbank in St Albans and have an area and venue already in mind. Most clients tend to use the foodbank nearest to them due to lack of transport and cost of bus fare.

## St Albans Masorti Synagogue



This year SAMS has set up a fund for new chairs with the intention of replacing the existing chairs with comfortable but, very importantly, lighter weight chairs. The model being considered is lighter by more than 2kg per chair, which makes a real difference to the health and safety (and the backs) of people moving the chairs on a regular basis.

The new chairs will cost around £30 each including VAT. We are also looking at buying 20 chairs with arms, to benefit those of us who need a little help when getting up from a chair. These cost around £53 each.

We need to raise a total of £4,000 to buy 80 chairs without arms and 20 chairs with arms. This figure also includes an amount to replace the chairs used by people holding the Torah during the Torah service. The intention is to purchase all the chairs at once so that they will all match.

To date we have already raised more than £1,000 so we are already over 25% of the way towards our target!

